

INSIGHT VACATIONS

New England's Fall Foliage a Women-Only Tour





KEY

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|-------------------------------------|-------------------------|
| 1 Central
Hotels + Nights | Cruise |
| 1 Scenic
Hotels + Nights | Train |
| ● Place Visited | Join/Leave Options |
| ○ Optional Place
Visited | Included Flights |
| Trip Option | UNESCO
Heritage Site |

Day 1 | Welcome to Boston



Affectionately known as Beantown, this revolutionary city is one of the oldest in the United States. After settling in, perhaps take a stroll to Downtown Crossing or historic Faneuil Hall. For those looking to shop, Quincy Market offers big brands and local products, set indoors and surrounding the columns of a regal 19th century building. At 18:00, join your Travel Director for dinner and an opportunity to mingle with fellow guests at your hotel.

Meals: Dinner

Hotel: Hyatt Regency, Boston

Day 2 | Beantown to Saratoga Springs



Today you'll discover some of Boston's most famous sights as you delve into the city's transformative past. You'll follow part of the red-brick Freedom Trail that brings the story of the American Revolution to life. See Boston Common, Boston Public Garden, Trinity Church and Copley Square. This afternoon, explore Stockbridge with an Insight Choice. Choose to visit the Norman Rockwell Museum, home to the largest and most significant collection of original Rockwell art. Alternatively, choose to take a guided tour of Chesterwood, the former summer home and studio of renowned 20th-century sculptor Daniel Chester French, famous for his work on the Lincoln Memorial. Travel on through the rolling hills of the Berkshires and onto your upstate New York hotel, situated within the Saratoga Spa State Park.

Meals: Breakfast

Hotel: The Gideon Putnam, Saratoga Springs

Day 3 | The Legends of the Fall and Stowe



Trace the roots of Vermont's rural traditions as you travel from Saratoga Springs into the heart of New England. In Weston, step inside the Vermont Country Store, a family-run emporium preserving generations of heritage brands and household curiosities. Browse shelves filled with locally made maple syrup, nostalgic sweets and artisanal Vermont cheeses, each reflecting the state's rich tradition of craftsmanship. Explore Woodstock, a village renowned for its Federal-style architecture and artisanal spirit. At Billings Farm & Museum, gain insight into sustainable dairy farming practices and how 19th-century life shaped the region's agricultural legacy. Later, at Morse Farm Maple Sugarworks, learn how maple sap is turned into syrup and taste the seasonal delicacy 'sugar on snow'. End your day in Stowe, a picturesque town in northern Vermont known for its breathtaking alpine scenery.

Meals: Breakfast

Hotel: StoweLake Mountain Resort and Spa

Day 4 |



Enjoy Vermont's beautiful scenery ablaze with fall's golden red colours. Stop by Morse Farm Maple Sugarworks, where maple syrup is 'tapped' from the trees. Taste a Vermont tradition, the unusually named 'sugar on snow,' a combination of maple syrup and packed snow. This tasty treat is traditionally served with a doughnut and pickle. Visit the women-owned and operated Bread and Butter Farm and Blossom Wholesome Foods Kitchen for an introduction to the farm, a hands-on activity and a farm-to-table lunch. Next, travel to Lake Champlain Chocolates for a taste of their award-winning ice cream crafted with local ingredients, before returning to the enchanting town of Stowe for an afternoon at leisure.

Meals: Breakfast, Lunch, Dinner

Hotel: Trapp Family Lodge, Stowe

Day 5 | North Conway and the White Mountains



Journey to New Hampshire's White Mountains and enter striking Franconia Notch. Take a scenic ride on the Gondola SkyRide at Loon Mountain Resort. On a clear day, you'll have superb panoramic views of New Hampshire, Maine, Vermont, New York and Canada. Later, journey through the dazzling crimson and orange hues of the famed Kancamagus Scenic Byway to North Conway. This spectacular section of Route 112 is unspoiled by industry and boasts 34.5 miles of untouched natural beauty.

Meals: Breakfast

Hotel: White Mountain, North Conway

Day 6 | Sightseeing in the White Mountains



In the morning, join a MAKE TRAVEL MATTER® Experience as you enjoy an insightful talk by a woman naturalist expert on the North Woods' wildlife and ecology. Then, more spectacular fall foliage awaits as you journey through Crawford Notch, an arresting pass through the White Mountains. Stop for pictures at the Silver Cascade Waterfall and Bretton Woods, which offers stunning views of Mount Washington, the tallest peak in the northeast at 6,288 feet (1,917 metres). Your Travel Director will guide you on a scenic hike to Diana's Baths which features a series of small cascading waterfalls. Return to your hotel where you can enjoy an evening at leisure.

Meals: Breakfast

Hotel: White Mountain, North Conway

Day 7 | The Rugged Maine Coast



Cross from New Hampshire into Maine this morning as you travel along the jagged coastline. Head to Fort Williams Park which is home to the iconic Portland Head Lighthouse that has been in operation since 1791. Then spend the rest of your afternoon at leisure in Portland. In the evening, enjoy a delicious dinner featuring Maine lobster with your fellow travellers.

Meals: Breakfast, Dinner

Hotel: Westin Portland Harborview, Portland

Day 8 | Back to Boston



Known for its sandy beaches, Kennebunkport is a year-round coastal destination that houses the rich and famous, even serving as the summer retreat of former President George H.W. Bush. Travel along Ocean Drive with more stunning views of the Maine coastline, before driving back to Boston. Guests departing Boston will arrive at Boston Logan International Airport at 12:30 pm.

Meals: Breakfast

This document was last updated 15 October 2025.

While all information is correct at the time of publication, occasionally details or timings may differ.

Please refer to our website or speak to your Travel Director for the latest updates.